



Power Panther is Here

Everybody,
Get up!
Power Panther is here.
Power-up!
When you get up, in the morning, that's the time to power up,
Lunch time, snack time, dinner too
That's the time to power up,
Power Panther, yeah!
Eat Smart, Play Hard
Power-up, Power-up
You wanna eat the right foods, you wanna get up and move
You wanna balance your day with food and play
You've got the power, yeah!
What are you gonna do?
It's up to you.
Eat Smart, Play Hard.

How to play the song:

- Using an internet browser go to:
<http://www.fns.usda.gov/eatsmartplayhardkids/Tunes/PPishere.htm>
- Click on: **Windows Media format** at the bottom of the page
- It will automatically play the song